

GROW TO SHARE

2023 Season



HIGH COUNTRY
CONSERVATION CENTER

GROW TO SHARE

Providing fresh produce & nutritional education
to qualified families in Summit County



1,583 lbs

produce donated

249

families served

A PARTNERSHIP

Between High Country Conservation Center (HC3)
and Summit County Women, Infants & Children (WIC)

2023 HIGHLIGHTS

REFRIGERATION UPGRADES

Staff leveraged funding from CommonSpirit Health to secure thousands of dollars in donated supplies that helped complete an off-the-grid refrigeration unit at the Frisco Transit Center. The additional unit helped staff reallocate more time to growing. Additionally, new refrigerators at the WIC site kept food fresh for families unable to make designated pickup days.

REACHING THE WHOLE FAMILY

WIC's goal is to help keep pregnant women, breastfeeding moms, and children younger than age 5 healthy. Since Grow to Share benefits extend to the entire family, our work helps babies, moms, dads, grandparents, older children and teens realize the benefits of fresh, healthy produce.

WEATHERING CHALLENGES

A cool, wet spring and pest issues made for a difficult growing season. Yet, produce grown by HC3 slightly increased over last year. Given the program's continued and significant growth over the last three seasons, 2023 remains a success, with 34 families served weekly. Returning staff and volunteers reduced training time and the installation of drip irrigation at the medical offices reduced watering time.

HONORING STAFF

After the 2022 passing of longtime Assistant Farmer Chelsea Coye, staff commissioned a mural in her honor. The piece was completed in fall 2023.





THANK YOU

Grow to Share Partners



Our entire network of Sustainable Food partners & recipients



PROGRAM IMPACTS

in Summit County

FOOD DONATED

	Grown by HC3		Contributed by farm partners & gardeners		Total produce donated to local families	
	Pounds	Value	Pounds	Value	Pounds	Value
2023	1,434	\$13,286	149	\$1,004	1,583	\$14,290
2022	1,426	\$10,267	924	\$4,662	2,350	\$14,929
2021	1,325	\$8,703	134	\$828	1,459	\$9,531
2020	819	\$4,726	340	\$2,289	1,160	\$7,015

FAMILIES EDUCATED

	Families served with one-on-one education	Individuals impacted
2023	249	867
2022	221	804
2021	182	656
2020	84	314

Questions? Email rachel@highcountryconservation.org