



# HIGH COUNTRY CONSERVATION CENTER

## High Country Conservation Center- Sustainable Food Internship- 2023

**Job Title:** Sustainable Food Intern

**Job Type:** Part-time, seasonal internship with hands-on farm work and training in organic food production gardens

**Hours:** 8-12 hrs/wk, typical commitment is between 100-175 hours for the season

**Start Date:** Flexible, mid May-early June

**End Date:** Flexible, at least through September; hours must be completed by October 22.

**Location:** Dillon and Frisco, Summit County, Colorado, elevation 9,000'

### Program Summary

The High Country Conservation Center (HC3) is a community non-profit organization that promotes resource conservation in Summit County, CO. Programs include recycling and composting, climate action, energy conservation, water conservation, and sustainable food production. Food programs include: the Summit CSA (community supported agriculture), an urban farm specializing in organic food production; Grow to Share (GTS), a food donation program that minimizes food waste and provides organic produce and nutrition education to qualifying families; and community gardens, which offer space and resources for community members to grow their own food.

### Training and Responsibilities

We're looking for enthusiastic and motivated interns who want to gain hands-on experience as organic growers and sustainable food entrepreneurs through programs that build and nourish our community. Interns will report to and work directly with the farmer to complete the day-to-day operations of the CSA and GTS programs. This includes training to develop skills in bed preparation, season extension, direct seeding, transplanting, thinning, harvesting, and share preparation and distribution. Interns must also participate in two greenhouse opening and/or closing shifts per week.

### Qualifications

- Strong interest in environmental stewardship, sustainable agriculture, or local food production/systems.
- Enrolled in an accredited education program.
- Previous gardening, greenhouse, restaurant or culinary experience is desired but not required.
- Strong communication skills and willingness to ask questions.
- Enjoy working outside with the ability to work in challenging weather conditions.
- Must be able to work early mornings, stand for prolonged periods, and perform repetitive tasks.
- Must be able to lift/carry 40 pounds.
- Ability to develop an efficient work pace.
- Must be reliable and punctual.
- Valid drivers license preferred; reliable transportation to get to work on time is a must.

### Position Information & Compensation

Start and end dates will be discussed upon hiring. We allow flexibility for other jobs and class schedules. After successful completion of hours, interns will receive a contracted stipend for their work. This stipend will be set prior to beginning work and also includes a half CSA share throughout the season. We require an intern memorandum of understanding (contract) upon hire. The intern is not an employee of HC3.

**Application Requirements**

Send a cover letter highlighting sustainable food interests, résumé, and scheduling preferences to Kyla at [kyla.laplante@gmail.com](mailto:kyla.laplante@gmail.com).

**Application Deadline:** April 24, 2023

**Website for More Information:** [www.highcountryconservation.org](http://www.highcountryconservation.org)