

GROW TO SHARE

2021 Season



HIGH COUNTRY
CONSERVATION CENTER

GROW TO SHARE

Providing fresh produce & nutritional education
to qualified families in Summit County



1,459 lbs

produce donated

26%

increase over 2020

A PARTNERSHIP

Between High Country Conservation Center (HC3),
Summit County Women, Infants & Children (WIC),
and the Family & Intercultural Resource Center (FIRC)

2021 HIGHLIGHTS

SERVING 2X MORE FAMILIES

With more food available, Grow to Share reached 172 families (621 individuals), many of whom were served several times throughout the year with fresh food and one-on-one nutritional education. This represents a 110% increase in people reached.

EXPANDED GARDEN BEDS

HC3 and partners worked together to repair and expand the garden beds located at the WIC office. This growing space allowed for the return of in-garden education, which is proven to encourage healthful eating as a key component of children's physical wellbeing. Staff also updated the greenhouse at Dillon Valley, which allows us to grow warmer-weather favorites such as squash.

BILINGUAL RECIPE BOOK

To better serve food recipients, HC3 worked with a graphic designer to create a bilingual recipe book featuring common produce items grown for and donated as part of Grow to Share. Teaching recipients how to cook with vegetables commonly grown during our short summers is critical to preventing food waste. The book will be finalized in 2021 for distribution in 2022.





THANK YOU

Grow to Share Partners

St. Anthony Summit
Medical Center



**ANSCHUTZ
FAMILY
FOUNDATION**



Our entire network of Sustainable Food partners & recipients

